

# Suicide Facts



Nearly **45,000 Americans** die by suicide every year



Suicide is the **4th leading cause of death** for people 18-65



For every death by suicide, there are **over 22 suicide attempts**

**Suicide can be prevented.** It's up to everyone to learn the warning signs and reach out and help those with suicidal thoughts and feelings.

**National Suicide Prevention Lifeline**  
**800-273-8255**



**NEW DIRECTIONS<sup>®</sup>**  
**[ndbh.com/suicide](http://ndbh.com/suicide)**

Source: Centers for Disease Control